

# The Benevolent Society Ageing and Community Care Presents: **International Marte Meo Training for Community Care Workers**

## **Marte Meo: 'On One's Own Strength'**

The Marte Meo Developmental Support Program was developed by Maria Aarts in the late 1970s, and is now established in over 40 countries. The method was originally developed in clinical psychology as a tool for improving communication and interactions between parents and infants but is now widely used in schools and ageing and community care.

The program provides a practical approach:

- to supporting people in their homes
- enhancing the quality of the interactions
- building better relationships with clients
- raising the quality of care.

## **Marte Meo Training**

The focus of this workshop is the application of the Marte Meo method for people working in ageing and community care. The workshop is suitable for care workers, co-ordinators and managers who want to enhance the quality of interaction and build better relationships with clients. It is particularly relevant to those working with people with dementia.

Marte Meo uses video review and interactional analysis to show care workers how to use ordinary moments in their daily work to enhance the quality of the interactions and care relationship. The Marte Meo method provides concrete and detailed information to community care workers to support the needs of clients. This approach also supports care workers to pass these ideas on to other significant carers of clients e.g. spouse or family members to ensure continuity of care.

This is the first time this method has been available in Australia to people working in ageing and community care and will be an informative and engaging two days.

## **Speaker**

### **Maria Aarts**

Maria is the founder of Marte Meo International, a program that is used by residential and community care workers, psychologists, social workers in diverse disciplines in almost 40 countries. Maria's background is in special education and was director of Orion, a treatment centre in the Netherlands for children with autism before developing the Marte Meo system. In Australia Maria is working with a range of organisations and professionals in South Australia, Queensland and NSW.



## **When**

Thursday 8 & Friday 9 July  
9.30 am - 4.00 pm

## **Where**

Y Hotel, Hyde Park  
(Mary-Jane Barker Room)  
5-11 Wentworth Avenue, Sydney  
NSW 2000

## **Cost**

\$450.00

Morning tea, lunch and afternoon  
tea will be provided.

***"This approach has assisted  
me to see the needs of my  
client in a different way. I  
also see that they are able to  
do more things since I have  
changed my communication  
style. I enjoy my work more  
and have better relationships  
with my clients!"***

*Care Worker Norway*



**Please see overleaf for registration details.**

